

Cheerleading Application

Name: _____ Grade ('10-'11) _____

Address: _____

City: _____ State: _____ Zip: _____

Cheerleaders Cell: _____ Cheerleaders Email: _____

Mother's Name: _____ Mom Cell: _____

Father's Name: _____ Dad Cell: _____

Home Phone Number: _____

Mom Email: _____ Dad Email: _____

Cheerleading Experience

TKA Squads: _____ Year: _____

All- Star: _____ Year: _____

Skills (only Varsity will be assessed in tumbling)

Tumbling— Please check off all that apply:

- Standing Back Handspring
- Round-Off Back Handspring
- Round-Off Back Handspring Layout
- Round-Off Back Handspring Tuck
- Round-Off Back Handspring Tuck
- Round-Off Tuck
- Standing Tuck
- Standing Back Handspring Tuck

List any tumbling skills you are working on with light spot:

Stunting—Check all that you can perform consistently

Extension ___
Liberty ___
Stretch ___
Scale ___
Arabesque ___
Scorpion ___

Extension Full-Down ___
Liberty Full-Down ___
Stretch Full-Down ___
Arabesque Full-Down ___
Scorpion Full-Down ___
Scale Full-Down ___

Double-Down ___
Basket Toss ___
Fly Opposite Leg ___
Main Base ___
Side Base ___
Backstop ___

Check all that apply:

Flyer _____

Base _____

Back Spot _____

Front Spot _____

General Questions

List any other sports/activities that you are involved in:

Why do you want to be a part of the TKA Cheerleading Team?

What can you offer to the TKA Cheerleading Team?

Is there any additional information that you would like us to know?

I am interested in trying out for captain of my squad

___ Yes ___ No

I can attend camp, July 26-28th at SRHS from 8:00am-5:00pm

___ I understand my \$155 nonrefundable fee is due by May 24, 2010 **(Parent must initial)**

I certify that the above information is true. (parent signature)

The King's Academy Cheerleading Program Guidelines

Purpose

The King's Academy Cheerleading program seeks to glorify God by representing The King's Academy through promoting school spirit, developing spiritual growth, servant leadership and pursuing athletic excellence.

Philosophy

As a team at TKA, we value growth in skill, but more importantly growth in Christ. As the girl's learn how they can best support our school teams, it's our desire that they also become leaders in their student body—promoting and exhibiting unity, integrity, purity and godly character.

Cheerleader Objectives

- To develop spiritually while using their talents to glorify God
- To develop physical skills through conditioning, good health habits and safety
- To make a serious commitment to Academics
- To develop as leaders in the school and community through servant hood & character

Squad Objectives

- Teamwork
- Squad Safety
- Supporting the school through game cheering, pep rallies, posters, banners, or team encouragement
- Develop skill through tumbling classes , cheer clinics & camps
- Competition—Improving technique and skill level
- Program Unification (JH,JV, Varsity and Competition)

Cheerleaders—Leaders Who Cheer, Athletes Who Compete

Each prospective cheerleader AND parent must initial each section indicating you have read and understood each point. The rules and regulations and the parent/cheerleader contract must be signed in order to be eligible to try out.

I. Eligibility

Parent initial ____ Student Initial ____

- A. prospective cheerleaders must have at least a 2.0 GPA to try out.
- B. Cheerleaders must maintain the same GPA as any other TKA athlete. They must maintain a cumulative 2.0 GPA each quarter.
- C. Each cheerleader must in good standing in regard to regular attendance and should adhere to school policy regarding tardies and absences.
- D. Team leadership positions (such as captain and co-captain) will be chosen by the coach and/or team members.
- E. Cheerleaders and their parents must be ready to fulfill all of the necessary financial responsibilities of each of the following:
 - 1. Summer cheerleading camp
Dates for 2010 July 26th –28th from 8:00am to 5:00pm at SRHS
 - 2. Cheer uniform and practice apparel.
 - 3. Cheer monthly payments

II. Uniforms and Appearance

Parent initial ____ Student Initial ____

- A. Coach has the final say on uniform selection
- B. Uniforms will conform to the approval of the administration.
- C. Uniforms can not be altered unless approved by the coach.
- D. No jewelry of any kind may be worn at practices or games. This includes earrings of any kind and watches. Injuries occur because of jewelry.
- E. Hair must be clean and well groomed. It should be tied back so that it STAYS out of The cheerleader’s eyes or face. Hair must be worn up, away from face prior to the start Games or practices.

III.. Practices

Parent initial ____ Student Initial ____

- A. Cheerleaders are to be present and prompt for all scheduled practices and games. Excuses must be given to the coach in writing 24 hours in advance of the practice or games. Each girl must dress out for each practice.
- B. Practices may be held Monday—Friday. Times and days will be set by the coach. Practice times will vary throughout the cheerleading season. Cheerleaders will need to be flexible.
- C. Cancellations of practices are only with approval of the coach.
- D. If a cheerleader needs to stay after school for tutoring or making up a test, she will need to let the coach know before tutoring begins.
- E. **A cheerleader may not miss any part of cheerleading practice because of other classes.—i.e. music, dance, etc....**

IV. Absences

Parent initial ____ Student Initial ____

- A. Excessive absences and conflicts may result in removal from squad. Schedules are given well in advance to prioritize Cheerleading Commitment.
- B. If a cheerleader leaves school due to illness or any other reason, she should inform the coach before leaving.
- C. Each coach will keep a record of absences and tardies.
- D. Three tardies will result in one absence.

V. Behavior at Games

Parent initial ____ Student Initial ____

- A. If a girl does not arrive in time to warm up, she must sit out a portion of the game.
- B. Cheerleaders are responsible for finding out what time they need to arrive at any game, whether home or away.
- C. Home games—cheerleaders are responsible for their own rides after home games.
- D. Away games—all cheerleaders must ride the bus to and from away games unless parental request in writing is given to the coach (for riding home **only. All athletes ride the bus together to away games.**)
- E. At away games, girls should stay in large groups or as a squad. Your coach should ALWAYS know where you are. NO EXCUSES.
- F. Cheerleaders may not chew gum while cheering—whether at a game or at practice.
- G. Cheerleaders should know what time they need to be ready to cheer following half-time. Cheerleaders will sit out a portion of the second half if they are not ready by the assigned time.
- H. Cheerleaders should make sure that they have a ride home immediately at the end of a game or returning from an away game. It is not fair to ask the coach to wait any amount of time until a ride arrives. The coach will be available to wait 15 minutes after the end of the game to wait for parents to arrive. If you require a longer period of time, a note must be sent to the coach prior to the game.
- I. Grooming should be done before the game and at half time, not during play or time outs.
- J. There should be no talking to the crowd or other cheerleaders when a game is in session.
- K. Cheerleaders who cannot cheer because of an absence or detention must attend the game in uniform.

VI..

Parent initial ____ Student Initial ____

- Building school spirit ,while demonstrating strong athletic excellence is what cheerleading at TKA is all about.
- A. Any practice missed because of detention will result in an absence.
 - B. TKA Cheerleaders represent TKA to the community by following guidelines must be followed when off campus:
 - 1. All cheerleaders must dress appropriately and modestly at all times.
 - 2. All cheerleaders will be held to the TKA handbook code of conduct policies regarding alcohol, drugs and tobacco use. Any such behavior, whether at a cheerleading function or otherwise, may result in dismissal from the team.
 - 3. Cheerleaders are expected to conduct themselves with modesty, integrity and good moral character at all times when off campus.
 - C. Any cheerleader receiving a suspension from school will receive absences for any practice or games missed.

VII. Chain of Command

Parent initial ____ Student Initial ____

- A. All requests, complaints, etc... about the squad, should be taken directly to the head coach.
- B. Cheerleading coaches may feel the need to make changes to the TKA cheerleading program during the year. This will be done for the benefit of all the squads.

VIII. Competition

Parent initial ____ Student Initial ____

- A. All competitive cheerleaders are required to attend choreography. The date is tbd by the head coach.
- B. Placement on the competitive team is based on cheerleading skills and tumbling skills.
- C. Competitive cheerleaders are required to attend all competitions, the schedule will be chosen by the head coach at the beginning of the school year.
- D. Competitive cheerleaders are to stay in the hotel with the rest of the squad. They are to travel to and from the competition with the squad.

IX. Sports Booster Program

Parent initial ____ Student Initial ____

- A. In an effort to subsidize cheering costs, each cheerleader is required to sell 3 program advertisements equal to or more than a total of \$400. In the event that the total amount of \$400 is not raised, your cheerleader will be responsible for the remaining amount.
- B. Parent's attendance at Sports Booster meetings is greatly appreciated. Sports Booster meets at 7PM on the second Monday of each month.

X. Practice Transportation

Parent initial ____ Student Initial ____

- A. School provided transportation is mandatory to and from cheerleading practices off campus. Exceptions will be made for those cheerleaders living North of Gym Like This! If a cheerleader (living north of GLT!) chooses to drive her own car to practice, she will be held responsible for late arrival and as previously stated, tardy consequences will apply.
- B. Cheerleaders may be picked up from GLT! after signing with coach or advisor. If leaving GLT! with student driver, they must provide a note from parents of each student involved.

XI. Communication

Parent initial ____ Student Initial ____

- A. Our primary source of communication is via e-mail: tkacheer07@bellsouth.net
Please check your e-mail weekly if not daily.
- B. Cell Phones are the second best form of communication, please feel free to contact Jenn, Lucia, Kari or Tina at any time.

Jennifer Allen : 561-662-9551
Lucia Nethercote :954-328-0905
Kari Baker: 561-601-6137
Tina Tutwiller: 561-601-5971

The King's Academy Cheerleading Program
Parent and Student Contract
2010-2011 Season

Parent's Section

I have read and fully understand the rules and regulation which govern my child if she is chosen to represent The Kings Academy as a cheerleader. I have read the 2010-2011 cheerleading program policies and understand my obligation to encourage my child to accept the responsibility and commitment, which are the foundations of The King's Academy Cheerleading Program.

I understand the inherent financial obligations of this program, which include, camp expenses, uniform costs, competitions costs (if on competition squad), monthly cheer tuition and other items throughout the year. (Ex: last year cheer expenses were \$1210—\$1540 for everything.) I also understand the school and coach assume no responsibility for any accident or injury that might occur at school, during an event or away from school grounds.

I understand that my daughter cannot tryout for cheerleading if she has any medical conditions that would prevent her from participating in the program. I also understand that she will need a sports physical by her physician if she is elected for the squad.

I hereby give my consent for my child, _____, to tryout for cheerleading at The King's Academy. My daughter will be trying out for the following squad (please check one or more).

Additional October Tryouts will be Held for Basketball Season as well

- | | |
|---|---|
| <input type="checkbox"/> Junior High Football (6-8) | <input type="checkbox"/> Junior High Basketball (6-8) |
| <input type="checkbox"/> Junior Varsity Football(8- 10) | <input type="checkbox"/> Junior Varsity Basketball (8-10) |
| <input type="checkbox"/> Varsity Football(9-12) | <input type="checkbox"/> Varsity Basketball (9-12) |
| <input type="checkbox"/> Competition Squad (6-12) | |

** Competition squad will be filled with 9th-12th graders first, however, 6th-8th graders may be considered based on coaches discretion.

I understand that the decision of the judges at tryouts is final and non-negotiable.

Parent Signature

Date

Student Section

I have carefully considered the cheerleading policies, which The King's Academy cheerleaders are to abide by. I agree to abide by those guidelines if selected for a squad. If at any time I am struggling with the standards set for me, I will speak with my coach.

Student Signature

Date
