

Gym Like This! Gymnastics & Cheerleading Training Center

Want to increase your cheerleading skills?

Looking for extra Gym time?

We have OPEN GYM!

(This time is noninstructional and allows the athlete to work on skills within their own level that do not require assistance. Athletes can stretch, work out and use all equipment)

Friday's 5:30-6:30pm
Saturday's 11:30-12:30pm

\$10.00/class

(Must call 24 hrs in advance)

Privates

GLT! provides privates for those wanting individual attention in a one on one setting. Please feel free to contact Jenn directly (561.662.9551) to discuss individual needs. We have a variety of instructors available to work with your athlete.

1/2 hour private: \$25-30

1 hour private: \$50-60

We have the answer!

Tryout Specific Class

(Bring your tryout goals and we will help you obtain them!)

Mon: 4-5:15pm w/Jenn (12-18 yrs old)

Sat: 9:15-10:30am w/Christina and/or Kari (12-18 yrs old)

Beginner Tumbling

(Students that have not yet mastered their Backhandspring)

Tues: 4:30-5:30pm w/Justin (ages 6-10 yrs old)

Tues: 5:30-6:30pm w/Justin (ages 6-10 yrs old)

Tues: 5:30-6:30 w/Larry (ages 11-18 yrs old)

Cheer Institute

(Jumps, Strength, Flexibility, Motions and Tumbling all in one!)

Mon: 6-7:15pm w/ Hernan & Charles (13-18 yrs old)

Tues: 6:30-7:45pm w/Justin, Cherish & Rachel (ages 5-12 yrs old)

High Schoolers ONLY Tumbling (Mixed levels)

Thurs: 6:30-7:45pm w/Justin and Larry

\$20 by the class (must call 24 hr in advance)

Or

\$190/ 11 week session (March 15-May 29)

50% off 2nd class

**Minimum of 5 students req. to keep class open.*



We are located just East of I95 between Blue Heron and Northlake Blvd.

Gym Like This! ~ 3900 Fiscal Court Suite 500 ~ West Palm Beach, FL 33404 ~ #561.842.8488 ~ www.gymlikethis.com