

**If you're not training with us...
you're just not training!**

Our classes are both fun and beneficial for children of all ages. Gymnastics classes are great activities for development of coordination, strength, flexibility, and confidence. During classes, students will use every muscle group while learning skills and having fun. In addition, students will find that gymnastics and fitness classes will enhance flexibility and strength needed to excel in other sports. PLUS, studies show that students who are involved in gymnastics perform better in school!

Things to Know

- For Safety, proper attire must be worn & hair tied back.
- Batch Classes so everyone can train with their friends and still train at their own level
- Most classes are 55 minutes, allowing 5 minutes for Coach/Parent communication.
- 50 Minute Play Like This! classes
- Minimum of 3 students per class
- 20% sibling discount
- 50% discount for multiple classes of same student
- Registration pro-rated throughout the year. Registration is non-refundable.
- Make up classes are based on space availability during regular class times within same session and are not guaranteed.
- Session payments are due prior to 1st class of each session. Students not paid will be dropped from the class.
- Bring a New Friend and earn \$5.00 (see Hospitality Desk for details)

Registration & Session Fees

Annual Registration (prorated throughout the year):

\$50.00 for 1, \$75.00 for 2, \$80.00 for 3 or more

Session Fees:

Session paid in full: \$322.00 (18 weeks!)

Payment Plan: \$170.00

(due wk 1 & wk 9 with valid credit card kept on file for automatic charge)

Pay Per Class: \$22.00 (no discounts apply)

50% off 2nd Class (not valid with pay per class plan)

See Hospitality desk for 1.5hr class pricing

JOIN ANYTIME!

WE ARE HAPPY TO PRORATE YOUR SESSION!

Minimum 24 hr. advance notice is required for pay by class, make-up classes, and open gym

Dates closed

December 24th - January 6th - No Make Up Needed

Classes will resume on Saturday, Jan. 7th

March 19th-23rd - No Make Up Needed



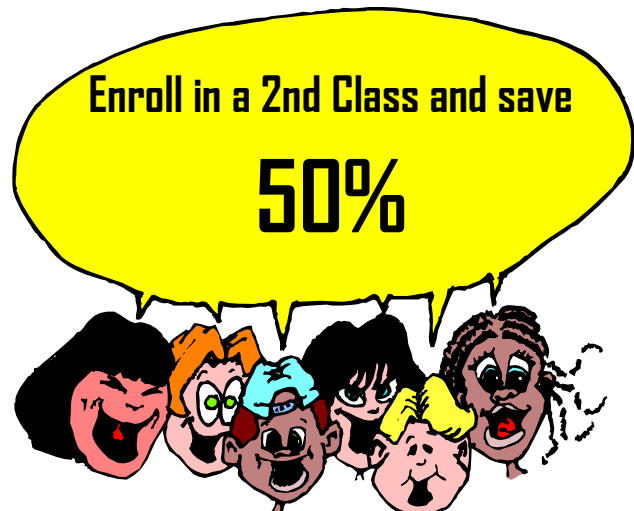
Parent Nite Out! 6-10pm
Themed activities, Tumbling,
Games & Pizza!
Advance Sign Up is Required

March 10
April 14th
May 19th

We accept Cash, Check, Visa & MasterCard

Winter / Spring 2012
January 16th - May 26th

Gym Like This!
Where kids
LOVE to train



www.gymlikethis.com
561-842-8488

3900 Fiscal Court, Ste 500, WPB, 33404

Class Descriptions



Play Like This! I (walking-36 months)

An adult/tot class centered around developmental movement with individual attention to all tots at their level. Music, Bubbles, and a Magic Bag is all part of the fun.

Preschool (ages 3 & 4)



Using an amazing variety of gymnastics challenges, kids begin to gain a clear understanding of their bodies' capabilities and limitations. We make sure each attempt is rewarded so children associate "trying and falling short" as a natural step in the learning process.

Girls Gymnastics (5 & up)



These classes are skill oriented, based on age & development. Kids are gaining a broader understanding of gymnastics basics. Progression training on Vault, Bars, Beam & Floor develop handstands, cartwheels, bridges and more so athletes continue to build their coordination, agility, strength, and most importantly, their confidence!

Tumbling



Whether a beginner or advanced tumbler, progression training enables the athlete to break down a skill into stages for better control, safety, and performance. We train to develop correct fundamental skills to ensure that each athlete reaches his/her goals in tumbling. Classes include strength, flexibility, and coordination exercises to enhance tumbling development.

Cheerleading



From novice to advance, individuals to teams, our program provides the ultimate for hands-on instruction; improving tumbling, jumps, stunts, and dance.

Boys Tumble & Fitness



Floor & Trampoline tumbling development mixed with strength and conditioning to improve motor skills, strength, power, speed, endurance and flexibility for all sports related activities.

Think Pink

This class is designed for students that are considering the competitive program. Students must be evaluated in advance.

Class Schedules

PLAY LIKE THIS! (walking - 36 months)

Wednesday - 9:30 10:30 4:00

Thursday - 9:30 10:30

Saturday - 10:00

STORY & PLAY - (2.5-5yrs)

Tuesday - 3:00 Includes: Story Time, Role Playing, Crafts & Gymnastics

PRESCHOOL (co-ed ages 3 & 4)

Monday - 4:00 5:00

Tuesday - 10:00 3:30 4:30 5:30

Wednesday - 9:30 4:00 5:00

Thursday - 10:30 3:30 4:30

Saturday - 9:00 10:00 11:00

GIRLS GYMNASTICS (girls 5yrs. & up)

Monday - 3:00(K-2nd) 4:00 (k-6) 5:00 (k-6)

Tuesday - 3:30 (K-2nd) 5:30 (K-6)

Wednesday - 4:00(K-2) 5:00 (MS/HS)

Thursday - 3:30 (K-2nd) 4:30(K-6th)

Friday - 4:00 (K-6th)

Saturday - 9:00 (K-2nd) 10:00 (k-6th)

PANTHER PRIDE: 1.5 hr. Adv. Class (ages 5 & up)

Tuesday - 4:30-6:00 (5-7)

Wednesday - 5:00-6:30 (8&up)

Saturday - 11:00-12:30 (5 & up)

Tumble Class Requirements

Beg: No requirements

Int: Handstand, Bridge Kickover, Round Off Rebound

Adv: Standing Back Handspring

TUMBLING (BEG/INT.) 60 min. class

Tuesday - 5:00 (5 & up)

Wednesday - 5:00 (5-11yrs)

Thursday - 5:30-7:00 (1.5hr. Class / 8 & up) 1.5hr

Saturday - 11:00 (5 & up)

TUMBLING (INT./ADV.) 60 min. class

Friday - 5:00 (12-18 yrs)



CHEER CLASSES 60 min. Class for ages 5 & up (Tumble focused, with cheer jumps, flexibility & conditioning)

Monday - 6:15 (Beginner)

7:15 (Must have a Back Handspring on floor)

BOYS TUMBLE & FITNESS

(Boys 5yrs & up)

Monday - 5:00

Tuesday - 4:00

Wednesday - 4:00

THINK PINK HOT SHOTS: 1.5 hr.

(ages 5-8) TEAM PREP CLASS: INVITE ONLY

Monday - 4:00-5:30



Thursday - 4:30-6:00

Students interested in moving into the competitive program. Training includes attention to detail, body positions, strength and flexibility.